

# USRA FOR CONSULTANTS / SAS



**24th May 2024** | Northern Ireland Regional Anaesthesia Society | CPD points applied for

Cost £TBC (payable at: <https://www.niras.org.uk>)

Organisers: **Dr Nick Black** and **Dr Catherine Poots** on behalf of the NIRAS Committee

This course will take a problem-based approach to the provision of Regional Anaesthesia techniques as a Consultant Anaesthetist. We will focus on clinical decision making and ultrasound scanning practice.

It is aimed at **Consultant Anaesthetists** who want to improve their Regional Anaesthesia knowledge and skills.

## *Faculty:*

Dr Ryan Sykes

Dr Jacek Sobocinski

Dr Sean Shevlin

Dr David Johnston

Dr Jonathan McCarter

Dr Lloyd Turbitt

Dr Rosie Hogg

Dr Catherine Poots

Dr Michael Jones

Dr Peter Mergavy

Dr James Quinn

Dr Shiva Arava

## *Topics:*

Consent, Coagulation and Education.

The rib fracture patient

The hip fracture patient

The total knee arthroplasty patient

The breast surgery patient

The shoulder patient, including phrenic nerve sparing blocks

Regional for Obstetric anaesthesia

Regional for paediatrics

## Course schedule

### **08:30 – 09:00: Welcome and introduction**

*Dr Nick Black / Dr Catherine Poots*

### **09:00 – 10:00: Session 1, Chair: TBA**

#### Consent, Coagulation and Education

- Talk 1 (15 mins): Consent in USRA, *Dr Michael Jones*
- Talk 2 (15 mins): Issues with coagulation in USRA, TBA
- Talk 3 (15 mins): Education in USRA, *Dr Lloyd Turbitt*
- Q&A with faculty – Ask the expert

### **10:00 – 10:30 Coffee Break**

### **10:30 – 11:30: Session 2, Chair: Dr Catherine Poots**

#### High value blocks in Trauma & Orthopaedics

- Talk 1 (15 mins): Regional Anaesthesia for Total Knee Arthroplasty, *Dr David Johnston*
- Talk 2 (15 mins): Regional for Shoulder surgery (inc phrenic nerve sparing), *Dr Ryan Sykes*
- Talk 3 (15 mins): How do I approach the rib fracture patient? *Dr Sean Shevlin*
- Q&A with Faculty – ask the expert.

### **11:45 – 12:45 Session 3, Chair: Dr Nick Black**

#### Subspeciality regional anaesthesia

- Talk 1 (15 mins): Regional Anaesthesia in Paediatrics, *Dr James Quinn*
- Talk 2 (15 mins): USRA in Obstetrics, *Dr Rachel Mathers*
- Talk 3 (15 mins): Regional Anaesthesia for Breast surgery, *Dr Shiva Arava*
- Q&A with faculty



**12:45 – 1:30: Lunch**

**1:30 – 4:30 Session 4**

USS scanning - Scanning Stations x 6-8 (30 mins each)

Station 1: Interscalene and phrenic nerve-sparing shoulder blocks

Station 2: Blocks for Rib fractures

Station 3: Blocks for Breast surgery

Station 4: Blocks for hip fractures

Station 5: Blocks for Total knee arthroplasty

Station 6: Blocks for hand and elbow surgery

Station 7-8: Free Scan – the delegates decide! Have a question or block specific to your practice, ask away!

**4:30 – 4:45 Final session**

Closing remarks